

VALLE SAGRADO - PERÚ -

Adventure Experience
MOUNTAIN BIKE / FULL DAY
Pisaq and Beyond

Two wheels is the most exhilarating way to see the Land of the Incas at the closest perspective.

This adventure begins with a scenic drive across the Sacred Valley heading up to the amazing ruins of Pisaq. For more than an hour, we explore this site, walking on centuries old paths between stone ruins while getting to know the history of this historic place.

In the colonial town, we visit the famous local market where inhabitants of Andean communities come from near and far to sell or barter their agrarian and artisanal products.

We start our bike ride beside the Urubamba River, and continue approximately 25 miles (40 kilometers) along this rural route, crossing the small farming communities of Taray, Lamay, Coya and Calca, where the principal crop is the legendary white maize of Urubamba.

The tracks we follow are almost all flat. They wind alongside the river, while the sky overhead teems with herons, ibis and gulls accompanying us on our journey. For lunch, we may stop by one of many colonial houses or in the shade of grand old trees along the way. Our afternoon ride continues along the foothills of Andean Mountains, on rocky paths as the valley narrows. As we cycle along, we can look down into the Valley to admire the Huarán rapids and the communities of Huicho, Urquillos and Huayllabamba.

	PISAQ AND BEYOND
Departure	09:00 a.m.
Arrival	5:00 p.m.
Duration and distance	8 hours / 24 miles (38 kilometers)
Equipment	Front suspension, mountain bike, gloves and helmet (a vehicle will act as support)
Suggested Attire	Comfortable clothes, hat and sun protection
Restrictions	Children must be at least 7 years old; good physical condition necessary
Difficulty level	Intermediate, some technical skills required

NOTES:

Times are estimated & subject to local conditions. Safety will always be our main concern. The route may change to avoid risk.







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