

VALLE SAGRADO - PERÚ -

Adventure Experience
MOUNTAIN BIKE / FULL DAY
The Ruins of Ollantaytambo

Two wheels is the most exhilarating way to see the most of the Land of the Incas at the closest perspective.

During the colonial period, Maras was renowned for the grains cultivated in its fields, for its proximity to the most important source of salt in the southern mountains and for its strategic location between Cusco and Valleys of Urubamba and Vilcabamba.

After visiting the village of Maras, we continue to the Saltpans. This is a downhill route that requires some technical expertise and caution. The Saltpans are a great photo opportunity as the pans are spread out across terraces, in a shimmering hodge-podge of geometric shapes.

Our next stop is Pichingoto, whose inhabitants claim to be direct descendants of the Incas. The village is known for its singular appearance: houses here are built into the mountains, with some rooms almost inside the rock face. Next we cross the Urubamba River over a suspension bridge and continue onward to the town of Yanahuara, known for its maize fields and delectable fresh fruits.

We traverse the river again and ride through the fields of corn of Paucarbamba towards Pachar. Here, we find a suitable pepper tree under which we will unwind and enjoy a box lunch. Next we cycle on to Ollantaytambo, situated above a series of Incan terraces that stretch out along the banks of the Urubamba River. Our journey takes a cultural and historical turn as we learn about the Incas, explore their ruins and walk the paths of this stone clad town, the only one in Peru known to have been continuously inhabited since the Inca times.

As the day winds down, we return to the hotel, on two wheels if we have the time and energy. Or, if we had our fill of biking, then we return by van.

THE RUINS OF OLLANTAYTAMBO	
Departure	9:00 a.m.
Arrival	5:00 p.m.
Duration and distance	8 hours / 24 miles (15 kilometers)
Equipment	Front suspension, mountain bike, gloves and helmet (a vehicle will act as support)
Suggested Attire	Comfortable clothes, hat and sun protection
Restrictions	Children must be at least 7 years old; good physical condition necessary
Difficulty level	Intermediate, some technical skills required

NOTES:

Times are estimated & subject to local conditions. Safety will always be our main concern. The route may change to avoid risk







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