



SOLY
LUNA

VALLE SAGRADO
- PERÚ -

Culinary Experience
ORGANIC GARDEN TOUR

Many of our guests wish to appreciate the organic origins of our dishes at Sol y Luna and to learn about their connection to traditional Andean cooking and culture. This pleasant, relaxed outing with our Chef to a nearby farm and local fresh market leads our guests and their taste buds into the heart of Peruvian cuisine.



Adjusted to the seasonal offerings, this program typically involves introductions to locally grown produce that is often little known beyond the Valley including explanations of nutritional value as well as its uses and applications in Andean life. Interactive demonstrations of ancestral agricultural techniques such as irrigation systems, the agricultural calendar and rotation of crops.

ORGANIC GARDEN TOUR

Location	Depending on guests' interests may include nearby farms and Urubamba market
Duration	3 hours approximately, from 9:00 a.m. to 12:00 p.m.

NOTES:

Upon request; minimum of 2 people and maximum of 15



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