

# LAMAY-YUCAY


Bike\_Full day




Hop onto one of our sturdy suspension bikes to explore this magnificent region. By taking to two wheels you can cover some serious ground. We provide all the kit – just bring a sense of adventure!

This is a challenging six hour ride beginning in the village of Lamay, famed for the Peruvian speciality of roasted guinea pig. The trail crosses the Urubamba River and runs along the valley floor, which is peppered with fields, farms and hamlets. Two hours in and you reach the picturesque village of Urquillos. Lunch takes place at the Plaza de Armas, before an hour long ride to the village of Huayllabamba and a meandering ride follows the river to Yucay village to meet your transport back to the hotel.


A diverse trail demonstrating the number of ancient traditions that remain a way of life for the indigenous population. There is corn drying, chicha brewing, crop harvesting and field plowing while ancient Inca relics are evident along the way. Yucay is a Quechua word which means 'deception' or 'charm' – apt for a village that holds a mysterious charm than enchants visitors.

-  **Depart: 9:00 am Return: 3:00 pm**


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-  **Whole journey duration: 6h**  
**Driving time: 40 minutes round trip**


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-  **Distance: 28 km**


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-  **Elevation gain/loss: +20 m / -120 m**


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-  **Maximum elevation: 2830 m / 9284 ft**

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-  **Difficulty level: Advanced**

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-  **Back up: A support car is provided for the duration**

*Suitable for those over the age of 13 with good levels of physical fitness. Wear hiking clothes and shoes and a high SPF sun cream.*



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